

### Indigenous Parent Leadership Initiative

Graduation Ceremony September 25, 2022

# FACILITATOR TRAINING, CIVIC CURRICULUM, AND TECHNICAL ASSISTANCE RECEIVED FROM THE NATIONAL PARENT LEADERSHIP INSTITUTE AND THE PARENT LEADERSHIP TRAINING INSTITUTE.

### SPECIAL THANKS TO SENIOR IMPLEMENTATION SPECIALIST ZULEMA GOMEZ, NATIONAL PARENT LEADERSHIP INSTITUTE







TO THE

**IPLI CLASS OF 2022!** 

### SPECIAL NOTE FROM BARB FABRE-

CEO OF INDIGENOUS VISIONING & PRESIDENT OF ALL NATIONS RISE

Indigenous Visioning is so proud of all the Graduates for participating in this journey with us. We want to thank the Facilitators for all their hard work in planning and facilitation. We want to thank all the Sponsors that helped bring the Indigenous Parent Leadership Initiative to Indian Country, here on the White Earth Nation. Indigenous Visioning is in awe of these graduates, they have been dedicated, engaged, humbled, empowered and transformed into Change Agents for their children, for their family and for their community. They will no longer just follow, they will lead. We can't wait to see where their leadership will take them. Congratulations IPLI Graduates!!!



BETH ANN DODDS

IPLI PROJECT COORDINATOR &

FACILITATOR



KRIS MANNING
IPLI FACILITATOR

#### **AGENDA**

GRADUATION BLESSING NAABEK LIBERTY

HONOR SONG
SMOKEY HILL SINGERS

WELCOME
BARB FABRE
CEO INDIGENOUS VISIONING, LLC
ALL NATIONS RISE

KEYNOTE SPEAKER LIEUTENANT GOVERNOR PEGGY FLANAGAN

> EXPRESSIONS OF GRATITUDE KRIS MANNING, FACILITATOR PARTICIPANT SPEECHES

PRESENTATION OF CERTIFICATES
KRIS MANNING, FACILITATOR
BETH ANN DODDS, SITE COORDINATOR

HONOR SONG
SMOKEY HILL SINGERS

CLOSING REMARKS
BETH ANN DODDS, FACILITATOR & SITE COORDINATOR

DINNER
TRADITIONAL BUFFET
ROAST BEEF, HAM, BAKED POTATO, CALIFORNIA MEDLEY

### Indigenous Parent Leadership Initiative Indigenous Visioning, LLC

Welcome to our first graduation ceremony for the Indigenous Parent Leadership Initiative, a nationally accredited and evidence-based parenting leadership curriculum that is culturally infused and customized to empower tribal communities.

Through the Community Solutions Preschool Development Grant and the MN Department of Health, Indigenous Visioning, LLC has partnered with the National Parent Leadership Institute (NPLI), White Earth Nation (WEN), Dr. Anton Treuer and the Northwest Minnesota Foundation to bring the Indigenous Parent Leadership Initiative (IPLI) to Indian Country.

This FREE 21-week program integrates child development, leadership, democracy skills and Ojibwe culture into a parent curriculum to empower the parent voice. The National Parent Leadership Institute (NPLI) is a civics curriculum designed in two phases. A 10-week course on parent leadership and self perception with a focus on voice, difference, values and family and community strength; and a 10-week study of how change occurs within educational, tribal, state, federal and local governments and systems.

Knowing the importance of culture as both a protective factor as well as a healing factor, Dr. Anton Treuer with guidance from elders from both White Earth Nation and Red Lake Nation, created an Indigenous Foundations (IF) curriculum to accompany the NPLI curriculum based on the cultural teachings of the Anishinaabe. The IPLI is being offered through a cultural lens to acknowledge our Anishinaabe identity and the effects of Historical Trauma due to the boarding school era. IPLI supports the revitalization of Ojibwe values, teachings, language and a healthy traditional lifestyle for participants. This initiative is a journey of healing and transformation. It is as much about healing the past as it is about building the future.

The IF curriculum and the NPLI curriculum are built on interactive adult learning practices. A self-selected community project will engage the participants in practicing their civic and cultural teachings along with an Alumni Program, after graduation, to help strengthen parent's leadership skills and learning.

The Indigenous Parent Leadership relies on community support and guidance from the Civic Design Team (volunteers/community members), Project Coordinator Beth Ann Dodds and Facilitator Kris Manning. Both Beth Ann & Kris have been certified by the National Parent Leadership Institute to facilitate the leadership classes and both are from the White Earth Nation.

This initiative is the first of it's kind in Minnesota and WEN is the second tribe in the nation to participate. The Indigenous Parent Leadership Initiative has inspired parents to be empowered to use their voice as change agents and be role models for their children, to bring about positive change within their own lives, their children's lives and the health of their tribal communities.

#### How can you get involved?

Become a class participant. This FREE 21-week program provides a meal, child care and a weekly stipend to participants who attend all levels of the initiative. Participants must apply and go through an interview process and commit to all 21 classes. Our second cohort will begin in November 2022. Class size is limited to 15 participants.

#### APPLY NOW!!

Become a Civic Design Team member. The Civic Design Team (CDT) is the driving force behind the initiative. Its members are a reflection of the community. It has the special function of informing the tribal community about the initiative, introducing the leadership training opportunities to parents, selecting and interviewing parents to attend the program, mentoring program participants and ensuring that the courses run smoothly for the community. Civic Design Team members meet monthly (depending on need) and should be willing and committed to give their time, resources and expertise to the initiative for the duration of the program. Although this is a voluntary position, CDT members will receive a small stipend. We do have a wonderful Civic Design Team in place in the WEN IPLI, however, would love to have additional members and voices.

#### APPLY NOW!

Attend an Open House. Join us at an open house to learn more about becoming a class participant or Civic Design Team member. During the open house, you'll receive a meal, meet our facilitators, and experience a mini IPLI session. Watch for flyers and social media announcements for dates and times.

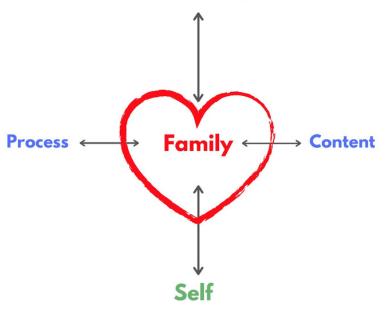
To apply as a class participant or Civic Design Team member visit www.IndigenousVisioning.com. You can also print out the application and mail it to: Beth Ann Dodds, Indigenous Visioning, P.O. Box 148, Bagley, MN 56569. For more information, email beth@IndigenousVisioning.com or call (952)-250-3912.

## **PLTI HOPES**

- Honor/Help
- Open/Ouch
- Participate/Pass
- Escuchar/ Experience
- Sensitive/Safe

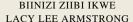
### **PLTI MATRIX**

Community



# COMMUNITY PROJECTS





"Gindinawe Maaganin Anig - Healing Within the Family"

I am an indigenous woman in recovery, currently sober for 7 years. On my path I've learned that healing ourselves means more than just being sober. It's about breaking the cycle that was inflicted on us by inter-generational trauma and creating a healthy environment for our children, so they do not need to heal from the trauma too. My Community Project is called "Healing within the Family - Gindinawe Maaganin Aanig". I will be advocating for families who are recovering from substance abuse and who have had or are having Indian Child Welfare involvement. I strive to help build healthier families through my own expansion of knowledge and will offer Mother's of Tradition parenting classes to women on my reservation. My ultimate goal is to build my own non-profit organization! My community project partners will include White Earth Mental Health, White Earth Behavioral Health, IPLI Alumni, cultural and spiritual advisors, Indian Child Welfare & White Bison, I know I will be successful when I help one family through their trials and healing. Miigwech!



NAAWAKAMIGOOKWE LERA HEPHNER

"Healthy Language, Healthy Community"

Ojibwe language has been an integral part of my life since I was little. I was talked to in Ojibwe by my stepdad, a first language speaker, also learning in high school and college from first language speakers and now having a career in the language. I have an intergenerational transmission with speaking the language between my mom, me and my daughter. My community project is to create a comprehensive survey of the health of the Ojibwe language on the reservation and all its communities. I will collect data that will be used and analyzed for grant writing so we can gain funding for new initiatives and programs in schools. My partners in my project will be White Earth Tribal & Community College, parents & families, youth, schools and school districts, early educators, tribal council, community councils, church groups and other community organizations including other language revitalization initiatives. I hope to accomplish an investment from the communities and tribal nation to further the health of our Ojibwemowin language to implement impactful and successful language revitalization programs in schools in the White Earth community.



ANAANG IKWE PAMELA MORLEY

"Bio Parents of Foster Kids Support Group"

I've learned how to speak up and advocate for myself as a parent whose children were in the foster care system. I want to help other parents like me, do the same. My project is to partner with White Earth Mental Health, Indian Child Welfare and Child Protection Services to create a support group in the White Earth tribal community for parents whose children are in or have been in the foster care system. Parents who attend will get a better understanding of the foster care system, their parental rights and their children's rights. The support group will also provide parents an environment of love through peer support and will help them learn emotional tools to forgive themselves. I hope to help White Earth parents become happier loving versions of themselves for their children.



WAAWAATE IKWE AUTUMN OPPEGARD

"Waawaate Ikwe Believes in You"

Recovery is a big part of my life. I know how it is to have nothing when going into treatment. My community project will advocate for our relatives in addiction who don't have access to personal care items when entering into a treatment program (rule 25). I want them to know that someone believes in them, that they're cared for and that they're not alone. I will be partnering with White Earth Substance Abuse & White Earth Behavioral Health, IPLI Alumni and local businesses to make male and female personal hygiene kits/care packages. This will help build their confidence so that while in treatment. they can wake up in the morning, get ready for the day and participate in recovery group.



GAGIIKADOIKWE MELANIE ANDERSON

"Now & Zen"

My community project Now & Zen is a yoga, mindfulness & meditation program for White Earth youth ages 12-17. By providing movement, mindfulness, meditation and social emotional learning practices into their daily routine, I hope to accomplish that kids in our White Earth Tribal Community will learn to become more aware of themselves, learn to meditate and become more mindful and get moving! I will provide these services across the reservation and will partner with the White Earth Tribal Council, community councils, area schools and other holistic health practitioners. I am a Reiki Practitioner and am becoming a certified yoga teacher through Breathe for Change. My hope is that our youth will "buy in" to the concept of mindfulness and become actively engaged and have the ability to focus and concentrate more in school and in their community.



NIIBIN IKWE STEPHANIE LONGFIELD

"Preparing Our Youth"

As a young mother, it seemed as if I raced towards being an adult and becoming a parent. Once I became one, I felt like I wasn't fully prepared for even the smallest tasks and felt left behind. My community project will target youth ages 15-17 to teach them additional skills that they may not be learning in school such as opening a bank account, building credit, how to check your credit score, how to maintain vehicles and what it takes to buy a home. My first goal is to create a survey for youth ages 15-17 to understand what needs are not being met in high school and then offer a life skills class to help bridge that gap. I will work with the tribal council, community councils, local schools, IPLI Alumni and social media to collect the surveys and then implement classes to help the youth in our community gain the extra skills they need to be successful adults.



LEANNE AUGINAUSH

"No More Being Silent"

My community project will aim to create a safe space for victims of abuse to come together in the White Earth tribal community to use their voices and receive support towards healing. I want others to know that its okay to speak out and that they're not alone. I will establish a partnership with DOVE (Down On Violence Everyday) in the White Earth community to offer outreach services and presentations. I will also partner with community councils to help get the word out and for use of space for the support groups. I will use my voice and speak up for others who cannot speak for themselves. No More Being Silent!



BEWAUSH SUSIE BALLOT

"Connecting with Your Spirit"

My community project is to help young people, old people, people of all ages throughout the reservation who feel disconnected from our culture, reconnect, I have begun to identify the pipe carriers in our tribal community who will offer their guidance and help our people build reconnection through ceremony. This will help our people to know why they are unique and different and help them understand who they are as Anishinaabe people. I am partnering with multiple White Earth tribal programs and community councils to assist me in helping our people feel a sense of belonging in our culture. I want the babies to come into this world knowing who they are so that in 10 years from now, It will be a different scope of where it's common knowledge that our people have the choice to know who we are as Anishinaabe people.



MARLENA HANSON

"Native Pathways"

I chose this project because when I was younger there wasn't much to do on the reservation. I turned to using substances and drinking at age 19. It took me six years to come out of active addiction and begin my recovery journey. I want to help people in the same situation to help them avoid addiction. Native Pathways will be for young adults living on the reservation to explore and hopefully develop NEW interests that will help make them happy so they will be less likely to use. I will partner with different White Earth tribal programs that could offer small internships or learning opportunities for young adults to help them gain an understanding of the different trades on the reservation



MINWEWEDAMOOKWE KAREN JONES

"Traditional Healing Home for Young Adults 16-21yrs"

I see the struggles everyday with our youth that come from broken homes and turn to substance use. I believe having a place to help them find a good path while using Anishinaabe traditional healing is very important. My community project is to create 2 traditional healing homes for young adults (one for girls, one for boys) who have come from broken homes or have aged out of the foster care system and run the risk of turning to substance abuse. I will partner up with White Earth Behavioral Health, ICW, White EarthMental Health, IPLI Alumni and Circle Back.

I hope to help grow future leaders and helpers that carry their Anishinaabe culture to lead good healthy lives.



PAGE LHOTKA

"Healthy Teen Relationships for Girls"

My project is important to me because growing up I felt a lot of girls on the reservation didn't understand each other and what was happening in each other's lives. My project is to offer a teen girl group that will offer them the opportunity to build confidence and self esteem and help them learn how to have healthy relationships with each other. Offering this support group will allow them to have strength in school and give them the ability to learn and achieve and cause less drama between themselves and their peers. I plan to partner with White Earth Behavioral Health, parents and schools that serve the White Earth reservation.

### CHII MIIGWECH

## WE'D LIKE TO THANK THE FOLLOWING INDIVIDUALS AND ORGANIZATIONS FOR THEIR SUPPORT OF THE INDIGENOUS PARENT LEADERSHIP INITIATIVE:

National Parent Leadership Institute Parent Leadership Training Institute Anton Treuer, Indigenous Foundations Curriculum Beth Ann Dodds, Site Coordinator & Facilitator Kris Manning, Facilitator Henry Fox, District I Representative Eugene Sommers, District II Representative Curtis Rogers, Deputy Director White Earth Mental Health Rice Lake Community Council Circle of Life Academy Victoria Wind, Superintendent COLA Vince Beyl Alfred Fox, White Earth Conservation Margaret Rousu, Niijii Radio Gary Padrta, Anishinaabeg Today Leah Lemm, Minnesota Native News Robert Pilot, Native Roots Radio Megan Lhotka, Facilitator Lisa Johnson, Facilitator Jessica Hoselton, Graphic Artist

#### FISCAL SPONSORS

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Northwest Minnesota Foundation
White Earth Project Launch
Mii-Gii-Way-Win Advisory Board
Mewinzha Ondaadiziike Wiigaming

#### WHITE EARTH CIVIC DESIGN TEAM

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